



APPETIZERS

CHIPS & SALSA

Tortilla chips with side of salsa.....\$3.99

QUESO DELIGHT

Taco meat with pico de gallo.
Half Order.....\$3.99 Full Order.....\$7.99

CHILE CON QUESO

Half Order.....\$3.99 Full Order.....\$7.99

QUESADILLAS

Crispy flour tortilla filled with seasoned ground beef or chicken, and cheese. Served with sour cream, jalapenos, and guacamole.....\$7.99

Add beef or chicken fajitas.....\$1.00

SPINACH QUESADILLAS

\$8.99

NACHOS

BEAN & CHEESE

Beans, cheese, jalapenos, lettuce and tomatoes.
Half Order.....\$4.99 Full Order.....\$6.99

GUACAMOLE

Guacamole, beans, cheese, jalapenos, lettuce, sour cream and tomatoes.
Half Order.....\$5.99 Full Order.....\$7.99

SUPER

Half Order.....\$3.99 Full Order.....\$5.99

Add Fajitas.....\$1.00

Half Order.....\$1.00 Full Order.....\$1.99

SOUPS & SALADS

TORTILLA SOUP

Bowl.....\$3.99

TORTILLA SOUP COMBO

Served with one beef taco and one chalupe with melted cheese, sour cream, and avocado.....\$6.99

CEASAR SALAD

Salad Only.....\$5.99

With beef or chicken fajitas.....\$7.99

GUACAMOLE SALAD

Guacamole over lettuce, tomatoes and cheese.
Half Order.....\$3.99 Full Order.....\$7.99

TACO SALAD

Crispy flour tortilla shell filled with ground beef or shredded chicken, lettuce, tomato, guacamole, sour cream, and chile con queso.....\$8.29

Substitute beef, chicken or combo fajitas.....\$1.00

FAJITA COBB SALAD

Beef or chicken fajitas or a combination of both w/ crisp lettuce, cheese, bacon, avocado, olives and tomatoes.....\$9.99

GUACAMOLE DIP

Bowl.....\$7.99

1. FLAUTAS DE POLLO

Three crispy corn tortillas filled with chicken and Monterey jack cheese, topped with guacamole and sour cream. Served with Spanish rice and refried beans.....\$8.99

2. SPECIAL DINNER

Two beef, chicken or cheese enchiladas topped with chile con queso and one beef taco with cheese. Served with Spanish rice, refried beans and guacamole salad.....\$8.99

3. REGULAR DINNER

One cheese enchilada and one tamale both topped with chile con queso. Served with Spanish rice and refried beans.....\$7.29

4. TEXIAN'S DELIGHT

One cheese enchilada topped with chile con queso, and one beef taco with cheese. Served with Spanish rice, refried beans and guacamole salad.....\$8.29

5. CRISPY DELIGHT

One bean & cheese chalupe and two crispy beef tacos with guacamole salad.....\$6.29

6. JALAPENO CHICKEN ENCHILADAS

Two enchiladas topped with mild jalapeno cream sauce and cheese. Served with Spanish rice and refried beans.....\$7.99

7. BURRITO DINNER

Large flour tortilla filled with beef or chicken, cheese, refried beans and topped with chile con queso or chile con queso. Served with Spanish rice and refried beans.....\$7.99 Add fajitas.....\$1.00 Add sour cream or guacamole.....\$1.00

8. CARNE GUISADA PLATE

Beef tips in a delicious sauce served with Spanish rice, refried beans and guacamole salad.....\$7.99

9. ENCHILADA PLATE

Two beef, chicken or cheese enchiladas topped w/ chile con queso or red sauce and cheese. Served with Spanish rice and refried beans.....\$7.29

10. CRISPY TACO PLATE

Two crispy beef or chicken tacos with cheese served with Spanish rice, refried beans, guacamole salad, lettuce and tomatoes.....\$6.99

CHICKEN

21. POLLO AL CARBON

Charbroiled boneless breast of chicken served with Spanish rice and refried beans.....\$9.99

22. SMOKED CHICKEN

Half a smoked chicken with Margarita sauce served with white rice and Borracho beans.....\$11.99

23. POLLO MONTERREY

Charbroiled, boneless, skinless breast of chicken topped w/ sliced tomatoes, avocado, and Monterrey jack cheese. Served with Spanish rice and refried beans.....\$11.99

24. POLLO ENROLLADO

Rollit chicken breast, lightly breaded with flour, sauced, stuffed with Pico de Gallo, bacon, and Monterrey jack cheese, topped with cilantro sauce. Served w/ white rice and Borracho beans.....\$12.99

TEXIAN'S PASTA

25. CAMARONES CON PESTO

Jumbo shrimp with penne pasta tossed in a pesto cream sauce.....\$12.99

26. POLLO CON PESTO

Chicken fajitas with penne pasta tossed in a pesto cream sauce.....\$10.99

ENTRÉES

*Chips & Salsa are complimentary with each meal. Tortillas are served with each meal upon request.

11. TAMALES DINNER

Three tamales topped with chile con queso and cheese. Served with Spanish rice and refried beans.....\$7.99

12. GREEN CHICKEN ENCHILADAS

Two chicken enchiladas topped with green tomato sauce and sour cream. Served with Spanish rice and refried beans.....\$7.99

13. CHIMICHANGA PLATE

Large flour tortilla rolled and filled w/ your choice of beef or chicken, beans & cheese. Deep fried and topped with chile con queso or chile con queso. Served with Spanish rice and refried beans.....\$6.99 Add fajitas.....\$1.00 Add sour cream or guacamole.....\$1.00

14. SUMMER SPECIAL

2 beef or chicken crispy tacos topped with cheese, and one crispy tortilla topped w/ chile con queso.....\$6.99

15. TEXIAN'S SPECIAL

One cheese enchilada topped w/ chile con queso, one beef taco with cheese, one chalupe, and guacamole salad. Served with Spanish rice and refried beans.....\$10.29

16. CHICKEN FRIED STEAK

Breaded cutlet topped with gravy served with fries, salad and Texas toast.....\$9.99

17. CON MUCHO GUSTO

2 crispy tacos with cheese, two beef, chicken or cheese enchiladas topped w/ chile con queso. Served w/ Spanish rice, refried beans and guacamole salad.....\$10.99

18. SPINACH ENCHILADAS

2 soft corn tortillas stuffed w/ sautéed seasoned spinach mushrooms and onions, topped with a cream sauce and Monterrey jack cheese. Served with white rice and Borracho beans.....\$8.99

19. CHILE RELLENO

Poblano pepper stuffed with beef, dipped in a tempura batter, deep fried, topped with Ranchero sauce and Monterrey jack cheese. Served with Spanish rice and refried beans.....\$9.99

20. CHEESEBURGER & FRIES

Served with lettuce, tomatoes, onion and pickle.....\$7.99

FAJITAS & STEAKS

27. FAJITAS AL CARBON

Beef or Chicken fajitas served with Spanish rice, refried beans, guacamole, Pico de Gallo, sour cream, cheese and freshly made flour tortillas
For One 1/2 lb.....\$10.99 For Two 1lb.....\$18.99

28. VEGETABLE FAJITAS

Grilled seasoned vegetables served on a sizzling platter. Served w/ Spanish rice, refried beans, guacamole, cheese, Pico de Gallo, sour cream, and freshly-made tortillas.
For One.....\$9.99 For Two.....\$17.99

29. STEAK SABANA

Charbroiled skirt steak layered w/ refried beans and Monterrey jack cheese.....\$11.99

30. SIRLOIN STEAK

12 oz. Tender Sirloin steak.....\$12.99

31. SIRLOIN RANCHERO

12 oz. Top sirloin steak charbroiled to your perfection, layered with Monterrey jack cheese and Ranchero sauce.....\$12.99

32. SIRLOIN STEAK & SHRIMP

12 oz. Top sirloin steak charbroiled with three jumbo shrimp with Mexican sauce made w/ butter, serrano peppers, onions, tomatoes and cilantro.....\$15.99

SEAFOOD

Please allow 20-25 minutes to prepare

33. GRILLED SALMON

Salmon fillet grilled and topped w/ Monterrey jack cheese served with Spanish rice and Borracho beans.....\$12.99

34. TEXIAN'S CAMARONES

Charbroiled jumbo shrimp stuffed with jalapeno and wrapped in bacon w/ Monterrey jack cheese served w/ cilantro sauce, white rice and Borracho beans.....\$14.99

35. CAMARONES AL CARBON

Charbroiled shrimp marinated w/ our special Texian's sauce served with Spanish rice and refried beans.....\$13.99

36. SHRIMP FAJITAS

Charbroiled shrimp marinated in our special Texian's sauce served on a sizzling platter with Pico de Gallo, guacamole, sour cream, Spanish rice and refried beans.
For One.....\$14.99 For Two.....\$25.99

37. PES AL CARBON

Charbroiled fresh fish marinated in our special Texian's sauce served with Spanish rice and refried beans.....\$8.99

TACOS

All tacos served w/ cheese, lettuce and tomatoes

BEAN & CHEESE

Half Order.....\$1.99

BEEF

Half Order.....\$1.99

CHICKEN

Half Order.....\$1.99

CARNE GUISADA

Half Order.....\$3.25

FAJITA

Beef or Chicken fajitas served w/ guacamole, Pico de Gallo and Cheese.

BEAN & CHEESE

Half Order.....\$4.99 Full Order.....\$5.99

GROUND BEEF OR CHICKEN

Half Order.....\$4.99 Full Order.....\$6.99

BEEF OR CHICKEN FAJITA

Half Order.....\$5.99 Full Order.....\$7.99

BEVERAGES

SOFT DRINKS, TEA & COFFEE

With Free Refills.....\$1.79

MILK

.....\$1.99

DESSERTS

FLAN

.....\$3.29

CHESSECAKE

.....\$12.29

SOPAPILLAS

four pieces.....\$3.99

FRIED ICE CREAM

.....\$5.99

Meeting area for 80

ZORRO'S BUFFET

RESERVED

*We are proud to present the
following daily specials in
addition to our regular menu.
For a limited time only.*

Monday
steak & shrimp day

Tuesday
international day

Wednesday
BBQ day

Thursday
fajita fiesta day

Friday
seafood day

Sat & sun
carving bonanza

SIRLOIN STEAK:
Weekdays @ dinner and all
day on weekends

SPECIAL KIDS MENU:
Weekdays @ dinner and all
day on weekends

SAT, SUN & HOLIDAYS:
Open @ 10:00 am

SENIOR CITIZEN:
Mon thru fri 2 to 5 pm
\$5.99

Kids under 12 should be
accompanied by adults at
the buffet.

Please use a clean plate
with every trip to the buffet.

Women's Super Fitness

7018 Bandera Road, San Antonio TX 78238

(210) 684-2267 – (210)684-2367 (fax)

Club Hours:

Mon-Fri: 5:30am-9:00pm

Saturday: 8:00am-5:00pm

Kid Klub Hours

Mon-Fri: 8:00am-12:00pm

4:00pm-8:00pm

	Mon	Tues	Wed	Thur	Fri	Sat
8:00am	Yoga/Pilates		Yoga/Pilates		Yoga/Pilates	
9:00am	Step Blast	Zumba™	Step n' Sculpt	Zumba™	Step Blast	The Big Mix
10:00am						Yoga/Pilates
10:30am		Sit & Flex	Low Impact	Sit & Flex		
5:00pm	Step n' Sculpt		Step n' Sculpt			
6:00pm	Yoga/Pilates	The Big Mix	Yoga/Pilates	Zumba™	Kickboxing	
7:00pm	Zumba™		Kickboxing	Step n' Sculpt		

The Big Mix – A class that offers you a great cardio class with the element of surprise and include step, Kickboxing, toning, weights, or bands

Kickboxing – High intensity class that uses punching, kicking, and blocking to increase endurance

Low Impact—Cardio aerobics at low impact with toning to sculpt and increase muscle endurance

Yoga/Pilates—A series of exercises that improves alignment, posture, and flexibility

Sit & Flex—A low intensity class for those with limited functional or cardio vascular capacity

Step Blast—A fun filled step cardio session with motivating steps and music

Step n' Sculpt—A awesome cardio filled step aerobics class combined with a weight training segment

Zumba™—Fuses Latin rhythms and easy to follow moves to create a dynamic workout